

O'Town Showdown  
PARTNER COMPETITION  
APRIL 25, 2015

EVENT SCHEDULE

EVENT SCHEDULE AND START TIMES ARE APPROXIMATE AND SUBJECT TO CHANGE

It is Athletes' Responsibility to Coordinate and Schedule the Floater WOD between their scheduled WOD's

ID #	Athletes	Team Name	Affiliate	Division	Registration & Check-In	Introductions & Overview	WOD #1 Sled/DL & Burp's		WOD #2 Thruster Triple		WOD #3 Chipper		WOD #4 Review	WOD #4 Surprise :)		Awards
					7:00 - 8:30	8:30- 8:50	Heat #	Heat Time	Heat #	Heat Time	Heat #	Heat Time		Heat #	Heat Time	
11	Erica Tatum & Sabreena Senna	Shake N Bake	OXF	Beg. F	7:00 - 8:30	8:30	1	9:00	1	11:00	1	12:30	SCORING BREAK	Top 3 Teams from Each Division Perform WOD #4		
12	Brianna Barkey & Elizabeth Hagan	Little But Fierce	L10XF	Beg. F	7:00 - 8:30	8:30	1	9:00	1	11:00	1	12:30				
13	Kristina Herring & Tamara Squires	Grizzlies One	YC XF	Beg. F	7:00 - 8:30	8:30	1	9:00	1	11:00	1	12:30				
14	Michelle Kamakeeaina & Romie Steffenson	Yellow Fever	Chico XF & Upper Park XF	Beg. F	7:00 - 8:30	8:30	1	9:00	1	11:00	1	12:30				
15	Christina Lara & Shella Chandar	Mother Thrusters	OXF	Beg. F	7:00 - 8:30	8:30	1	9:00	1	11:00	1	12:30				
16	Lisa Burkhart & Sheryl Faris	Mother Thrusters	YC XF & Nor Cal	Beg. F	7:00 - 8:30	8:30	1	9:00	1	11:00	1	12:30				
21	Amber Cervantes & Jennifer Lawton	All About our Base	L10XF	Beg. F	7:00 - 8:30	8:30	2	9:12	2	11:08	2	12:45				
22	Jen Hard & Rebecca Henderson	Sooo Beginner!	OXF	Beg. F	7:00 - 8:30	8:30	2	9:12	2	11:08	2	12:45				
23	Sara Sandgren & Jenny Sandgren	Sandgren Sisters	YC XF	Beg. F	7:00 - 8:30	8:30	2	9:12	2	11:08	2	12:45				
24	Briana McAlexander & Trisha Shoemaker	Stellar Snatches	Chico XF	Beg. F	7:00 - 8:30	8:30	2	9:12	2	11:08	2	12:45				
25	Megan Blaikie & Whitney Lawson	Amazon	YC XF	Beg. F	7:00 - 8:30	8:30	2	9:12	2	11:08	2	12:45				
26	Amber & Barbara	Pretty-Strong	Chico XF	Beg. F	7:00 - 8:30	8:30	2	9:12	2	11:08	2	12:45				
31	Kellee Cuellar & Shanan McFall	Chalk Dirty to Me	Chico XF	Beg. F	7:00 - 8:30	8:30	3	9:24	3	11:16	3	1:00				
32	Roxanne Lara & Gina Pinocchio	WOD Now Wine Later	OXF	Beg. F	7:00 - 8:30	8:30	3	9:24	3	11:16	3	1:00				
33	Janna Gallagher & Dulce Flemming	Grizzlies	YC XF	Beg. F	7:00 - 8:30	8:30	3	9:24	3	11:16	3	1:00				
34	Tracy Ramos & Alexandria Rainey	R & R	YC XF	Beg. F	7:00 - 8:30	8:30	3	9:24	3	11:16	3	1:00				
35	Destiny Miller & Elizabeth Gromer	Flexy Beasts	L10XF	Beg. F	7:00 - 8:30	8:30	3	9:24	3	11:16	3	1:00				
36	Lauren Badour & Makayla Gardner	Mother Thrusters	Paradise Ridge XF	Beg. F	7:00 - 8:30	8:30	3	9:24	3	11:16	3	1:00				
41	Heather Corbaley & Rebecca Grozea	Terrible Two's	OXF	Int. F	7:00 - 8:30	8:30	4	9:36	4	11:24	4	1:15				
42	Jolie Webb & Kristen Cargile	Middle Age Rage	Chico XF	Int. F	7:00 - 8:30	8:30	4	9:36	4	11:24	4	1:15				
43	Lauren Metcalf & Mariah Lilienstein	Mother Thrusters	North Rim XF	Int. F	7:00 - 8:30	8:30	4	9:36	4	11:24	4	1:15				
44	Melissa Larson & Nikki Moe	The Tater Tots	Empire Mine XF	Int. F	7:00 - 8:30	8:30	4	9:36	4	11:24	4	1:15				
45	Samantha & Natalie Oelsner	O-Sisters	Boneyard XF & Chico XF	Int. F	7:00 - 8:30	8:30	4	9:36	4	11:24	4	1:15				
46	Melissa Romero & Kale Thompson	2-BABS	L10XF	Int. F	7:00 - 8:30	8:30	4	9:36	4	11:24	4	1:15				
51	Jennifer Myers & Amanda Combs	Chalk Chicks	L10XF	Int. F	7:00 - 8:30	8:30	5	9:48	5	11:32	5	1:30				
52	Tasha Atteberry & Emilee Tavelli	Barbelles	OXF	Int. F	7:00 - 8:30	8:30	5	9:48	5	11:32	5	1:30				
53	Sonia & Caitlin	WOD Whoppers	North Rim XF	Int. F	7:00 - 8:30	8:30	5	9:48	5	11:32	5	1:30				
54	Allie Campagna & Bailey Ahern	Barbellas	CrossFit VCP	Int. F	7:00 - 8:30	8:30	5	9:48	5	11:32	5	1:30				
55	Whitney Wolff & Ally Kotalik	Woders & Wine	Chico XF	Int. F	7:00 - 8:30	8:30	5	9:48	5	11:32	5	1:30				
61	Kashia Harris & Bonnie Blanco	Rocklin Kb's & Bras!	Rocklin XF	Int. F	7:00 - 8:30	8:30	6	10:00	6	11:40	6	1:45				
62	Stacie Howarth & Sara Weimer	Cocktail Time!!!	L10XF	Int. F	7:00 - 8:30	8:30	6	10:00	6	11:40	6	1:45				
63	Ashley Walburn & Lalie Lopez	40 and Fit	CrossFit VCP	Int. F	7:00 - 8:30	8:30	6	10:00	6	11:40	6	1:45				
64	Katie Phillips & Kristin Meyer	Swole Sistas	North Rim XF	Int. F	7:00 - 8:30	8:30	6	10:00	6	11:40	6	1:45				
65	Candi & Savanna	WODlicious	Chico XF	Int. F	7:00 - 8:30	8:30	6	10:00	6	11:40	6	1:45				
71	Danielle Posl & Hailey Mendes	Barbelles	Upper Park XF	Int. F	7:00 - 8:30	8:30	7	10:12	7	11:48	7	2:00				
72	Ashleigh Watkins & Dena Doyle	Buns & Guns	L10XF	Int. F	7:00 - 8:30	8:30	7	10:12	7	11:48	7	2:00				
73	Pamela Williams & Brittany Hamilton	Turn Down for WOD	Chico XF	Int. F	7:00 - 8:30	8:30	7	10:12	7	11:48	7	2:00				
74	Jacqueline Deadmore & Jenny Benson	JJ	OXF	Int. F	7:00 - 8:30	8:30	7	10:12	7	11:48	7	2:00				
75	Heather Caldwell & Camilla Shipley	Swedish Quadballs	InMo XF	Int. F	7:00 - 8:30	8:30	7	10:12	7	11:48	7	2:00				
76	Justin Marshall & John Novak	Hydrobuilder.com	Chico XF	Beg. M	7:00 - 8:30	8:30	7	10:12	7	11:48	7	2:00				

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					7:00 - 8:30	8:30 - 8:50	Heat #	Heat Time	Heat #	Heat Time	Heat #	Heat Time	3:15	Heat #	Heat Time	
					9:00 - 11:00	11:00 - 12:20	12:30 - 3:00	3:30 - 3:45	4:00							
81	Dennis Cargile & Colby Cargile	Whatever	Chico XF	Beg. M	7:00 - 8:30	8:30	8	10:24	8	11:56	8	2:15				
82	Greg Lynch & David Mallory	Hustle n' Slow	OXF	Beg. M	7:00 - 8:30	8:30	8	10:24	8	11:56	8	2:15				
83	Lee McLaughlin & Matt McLaughlin	Team Mixed Nuts	Chico XF	Beg. M	7:00 - 8:30	8:30	8	10:24	8	11:56	8	2:15				
84	Nick Herrera & Mariano Villalobos	GNC	GNC	Beg. M	7:00 - 8:30	8:30	8	10:24	8	11:56	8	2:15				
85	Mitch Salcido & Shane Lezzeni	Team G7	Chico XF	Beg. M	7:00 - 8:30	8:30	8	10:24	8	11:56	8	2:15				
86	Dave Johnston & Reiner Light	Baldy Going	Paradise Ridge XF	Beg. M	7:00 - 8:30	8:30	8	10:24	8	11:56	8	2:15				
91	Terry Dunn & Dwayne Damm	Double D's	OXF	Beg. M	7:00 - 8:30	8:30	9	10:36	9	12:04	9	2:30				
92	Hunter Britt & Zander Johnson	CrossFit Chico	Chico XF	Beg. M	7:00 - 8:30	8:30	9	10:36	9	12:04	9	2:30				
93	Zach Gonzales & Eric Gromer	TEAM EZ	L10XF	Int. M	7:00 - 8:30	8:30	9	10:36	9	12:04	9	2:30				
94	Gary Borjas & Jacob Haase	VCP Strong	CrossFit VCP	Int. M	7:00 - 8:30	8:30	9	10:36	9	12:04	9	2:30				
95	Brandon Delgado & Connor Rowley	Kipping it Real	Paradise Ridge XF	Int. M	7:00 - 8:30	8:30	9	10:36	9	12:04	9	2:30				
96	Anderson Mueller & Ray Riddick	Tag Me In for Wod's Sake!!	CrossFit Sparks Elite	Int. M	7:00 - 8:30	8:30	9	10:36	9	12:04	9	2:30				
101	Justin Johnson & Cameron Nelson	LTI1	Lifechanger Training Inst.	Int. M	7:00 - 8:30	8:30	10	10:48	10	12:12	10	2:45				
102	Kevin Combs & Carlos Cervantes	Menace to Sobriety	L10XF	Int. M	7:00 - 8:30	8:30	10	10:48	10	12:12	10	2:45				
103	Aaron Singer & Dan Mullinex	PHS MEN	Paradise Ridge XF	Int. M	7:00 - 8:30	8:30	10	10:48	10	12:12	10	2:45				
104	Jeff Skibo & RC Smith	Victory Lane	Norcal S & C	Int. M	7:00 - 8:30	8:30	10	10:48	10	12:12	10	2:45				
105	Bernie Bowman & Phil Mandelbaum	Bernie & Phil	Chico XF	Int. M	7:00 - 8:30	8:30	10	10:48	10	12:12	10	2:45				
106	Adam Redfield & Ryan Wheeler	Open Gym	CrossFit Feather River	Int. M	7:00 - 8:30	8:30	10	10:48	10	12:12	10	2:45				

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